

## Ellen Britton Lesson Plan

### “Rocking my Rhythm Hand”

- I. 3 Keys to Good Songs
  - A. Simple
  - B. Consistent
  - C. Committed
- II. Simple
  - A. If you get fancy, make sure you execute
  - B. Keep it simple and keep going
- III. Consistent
  - A. Writing a groove
  - B. Groove—a repeating pattern
  - C. Your arm should move in a consistent way—keeps you moving
- IV. Committed
  - A. Don’t apologize with your playing
  - B. Present it like you love it
- V. Dynamics
  - A. Quiet verse to introduce your song/story
  - B. Build at the chorus to sell the song
- VI. Grooves
  - A. Use eighth notes
  - B. Song Examples
  - C. Bass note twice/strum
  - D. Play with a metronome or a record
  - E. Open Questions

